

# Skills Development Programme

**January - April 2026**



**Laura Trussell-Harris**

Academic  
Representation  
Coordinator

## Hello ULaw students and staff!

Welcome to this term's iteration of the Skills Development Programme!

For those of you who don't know, the Skills Development Programme is an opportunity to develop your skills in a range of different areas, this might, for example, be a session on a specific area of law, or a session learning 'soft skills' such as minute taking, or public speaking.

This term, we have some fantastic new courses for you – such as how to manage a caseload, the potential impact of online courts, as well as advice on building a legal career in the United States.

We also see the return of our resilience and charity trustee courses, as well as the brilliant British Sign Language Short Course.

We have also partnered with the Law Student Academy to offer SQE students one free month's access to their SQE revision platform – see page 33 for more details.

We really hope you enjoy the sessions on offer this term, please do let us know your thoughts, or any ideas of other training you would like to see in the SDP! Please email [laura.trussell-harris@law.ac.uk](mailto:laura.trussell-harris@law.ac.uk) with your feedback.

# SIGNING UP

Use the form below to sign up for most of our sessions:

<https://forms.office.com/e/7wSeX2chv1>



Sessions with another sign-up method will be clearly marked on the relevant page.


To read any of the information in this booklet online – visit our SDP Website Page using the QR Code or link below.



<https://studentsunion.law.ac.uk/sdp>

If you have any issues signing up, please email [studentsunion@law.ac.uk](mailto:studentsunion@law.ac.uk)

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## Building Resilience

**Sarah Coyne, Senior Lecturer, The University of Law**

The American Psychological Association (APA) defines resilience as “the process and outcome of successfully adapting to difficult or challenging life experiences, especially through mental, emotional, and behavioural flexibility and adjustment to external and internal demands.” This workshop will take you through some basic tips and activities to help build resilience. The session will include activities and there will be time for questions.

**FREE**

**1 hour**

**Wednesday 11<sup>th</sup> February, 12:30pm-1:30pm**



## Becoming a Charity Trustee

**Clare Wood, Lecturer at The University of Law and Young Trustees Movement Champion**

Being a charity trustee is a great way of gaining leadership experience and boosting your employability, whilst also giving back to your local community or making a difference in your chosen campaign area.

There is a drive within the sector to make big improvements on board diversity, with young adults and BAME applicants in particular being encouraged to consider first time trusteeship. You could be part of this much needed progress.

These sessions will help you to research and find opportunities, prepare for those all-important applications and interviews and (fingers crossed) thrive in your exciting new role.

**FREE**

**1 hour**

**Friday 20<sup>th</sup> March, 12pm-1pm**



## What's It Like To Work As A Real Estate Lawyer?

**Chris Carlisle, Lecturer, The University of Law**

This session will introduce students to life as a Real Estate lawyer. Chris Carlisle will draw on his personal experience as a former Real Estate solicitor -exploring why Real Estate is a great area of law to practise.

Students will explore the principal types of Real Estate transaction (sale and purchase, development, financing and leasing) and who are the key stakeholders in Real Estate deal-making.

**FREE**

**1  
hour**

**Wednesday 18<sup>th</sup> March, 12:00pm-  
1:00pm**



## How to Manage a Caseload

**Stephanie Brownlees, Lecturer, The University of Law**

In this session, Stephanie will discuss caseload management and why it is so important, discussing the common pitfalls junior lawyers fall into, and how even the most experienced lawyer can suffer from stress and burnout if caseload management is not effective.

She will outline 4 core skills that students need to develop to manage a busy and varied caseload, providing them with advice and techniques on developing systems to manage the same.

Stephanie is a criminal defence solicitor, and she qualified 21 years ago. She ran her own law firm for nearly 7 years before joining ULaw, and has been a lecturer for 11 years. She still works as a solicitor on a part-time consultancy basis for her old firm, specialising in Parole Board hearings.

She now teaches on the LLB- Criminal Law & Critical Approaches in Current Legal Issues. She has previously taught on the SQE courses, specialising in Criminal Practice and Advocacy.

**FREE**

**1 hour**

**Monday 16<sup>th</sup> February, 6pm-7pm**





## Access to Justice in a Digital Age

**Chris Lethem, Lecturer, University of Law**

The English legal system is entering a phase of transformation from the 'tyranny of paper' into a digital world. Several jurisdictions have already developed online courts. The lawyer of tomorrow will be required to understand the opportunities and threats that digitisation offers. This talk provides an overview of the effect digital developments will have on access to justice. This is significant to both academic and practising lawyers.

Access to justice is multi-faceted from ensuring that litigants have the means to uphold their rights to the lawyer ensuring that their clients have their case heard expeditiously or at all.

The talk will consider:

- The form that online courts are likely to take in the future.
- The effect that this will have on compliance with rules practice directions and orders.
- Rule making in a digital world.
- Opening up access to litigants in person
- A brief consideration of likely developments arising from AI.

Chris Lethem is a lecturer at the University of Law. He is a former Circuit Judge, member of the Civil Procedure Rule Committee and Course Director at the Judicial Studies Board. He was advisor to HMCTS and the MoJ on digital courts, lead Circuit Judge for England and Wales for Digital Courts and concerned with the development of the rules for the digital courts.

**FREE**

**1.5  
hours**

**Thursday 19<sup>th</sup> February, 6pm-  
7:30pm**



## Where Do You Draw the Line? Identifying and Responding to Unacceptable Behaviours

**Harriet Smailes, Lead Sexual Misconduct and Harassment Liaison Advisor in Student Support and Wellbeing, University of Law**

This session is designed to support you to discuss where you would 'draw the line' in scenarios outlining unacceptable behaviours in university and workplace settings. The scenarios will present an interaction between two individuals as it develops over a single or multiple encounter(s) so that problematic individual behaviours, or patterns of behaviour, can be identified. The behaviours covered in these scenarios will include harassment and sexual misconduct.

Please note: there is no expectation of personal reflections or disclosures with the session and content warnings will be provided throughout.

It is hoped that in attending the session, you will feel more confident in identifying unacceptable behaviours and will also know what to do if you encounter these in the future.

Harriet has a background in working in and with universities to develop their approaches to tackling and responding to sexual misconduct. She is currently writing up her PhD thesis on sexual misconduct in English universities.

**FREE**

**1 hour**

**Wednesday 4<sup>th</sup> March, 5pm-6pm**



## How the Skills You Have Gained from your Law Degree Will Make You an Excellent Real Estate Lawyer

**Eloise Dobson, Senior Lecturer, The University of Law**

This course may be of interest to anyone trying to build their CV for a legal role, help with applications to legal roles and with interviews for legal roles (although not limited to legal roles as many other roles will require the same skill set).

You may think that the main skills you have gained from your law degree relate to the wealth of legal knowledge that you have acquired, with some drafting or writing skills along the way. This short course aims to identify the many additional skills that your studies provide you with and specifically explains how these skills can be transferred to the role of real estate lawyer.

Undertake the skills audit exercise during this course to help bolster your CV, elevate your applications and enhance your interview answers.

Eloise has worked as a Real Estate/Commercial Property lawyer starting out in the public sector in 2002, working for local authority and moving to private practice in 2015.

In private practice, she worked in the niche area of land rights for distribution network operators "DNO" (the companies that provide electricity connections from the power station up to the point of private connections).

As part of her management role, she assisted with the recruitment and training of new members of the team, many of whom were law graduates.

**FREE**

**1  
hour**

**Tuesday 31<sup>st</sup> March, 5pm-6pm**



## Three Good Things for Leaders

**Ian Gould-Jones, Head of Timetabling, The University of Law**

Hosted by Ian Gould-Jones, Ian provides three bite-sized tips from a career of managing and leading people based on military, academic, sports, private sector and volunteering across many far-flung places.

It's most likely that you are going to be in a position of managing a team of people, or as a minimum, being part of a dynamic team. And that means you'll need to be a Leader too – the two things are not divisible!

These three practical and memorable tips will help you in those situations and help enhance/develop your professional toolkit.

**FREE**

**45  
mins**

**Monday 2<sup>nd</sup> March, 10am-10:45am**



## An Introduction to British Sign Language – Six Week Course

**Emma Beenham, Students' Union Manager,  
The University of Law**

This 5-week course will introduce you to the basics in communicating in British Sign Language. The course is suitable for complete beginners and will cover alphabet, numbers, basic phrases, colours, family, descriptions and university-specific terminology. This course is usually £100+ but we are offering it FREE to ULaw students. The sessions are as follows:

Week 1 (6<sup>th</sup> Feb): Deaf Awareness & Alphabet  
Week 2 (13<sup>th</sup> Feb): Numbers & Basic Conversation  
Week 3 (20<sup>th</sup> Feb): Greetings & Conversation  
Week 4 (27<sup>th</sup> Feb): Colours & Family  
Week 5 (6<sup>th</sup> Mar): Conversation and Extras

If you are interested in learning British Sign Language, but are unsure about having the time commitment to attend weekly sessions, SignBright BSL offers other options, such as online asynchronous courses. Get in touch for more information at [signbrightbsl@gmail.com](mailto:signbrightbsl@gmail.com)

**FREE**

**5 x 1  
hour**

**Fridays (starting 6<sup>th</sup> February), 9:30am-  
10:30am**



## British Sign Language – Sign-Along Workshop

Emma Beenham, Students' Union Manager,  
The University of Law

Join us for an hour to learn a song in British Sign Language. No previous knowledge of BSL needed – it is aimed at complete beginners. This session can be attended as a stand-alone session, or with the Intro to BSL Short Course on the previous page.

We will be learning the song 'Happy' by Pharrell Williams –

[https://www.youtube.com/watch?v=ZbZSe6N\\_BXs](https://www.youtube.com/watch?v=ZbZSe6N_BXs)

By the end of this fun hour, you will be able to sign the full song.

FREE

1  
hour

Friday 27<sup>th</sup> March, 9:30am-10:30am



## Time Management

Ali Wylie, Senior Lecturer, The University of Law

Join us for this engaging and exciting session where you will learn how to manage your time effectively to prioritise and meet deadlines without falling behind. We go through some techniques and tools to help you with the important skill of time management.

FREE

1  
hour

Monday 2<sup>nd</sup> February, 4pm-5pm



## Leadership in the 3<sup>rd</sup> Sector: Lessons from TEDx and a Career in Advocacy

**Oluwasola Adesulu, LPC Student, University of Law**

This session will revolve around the skills required to succeed in a 3<sup>rd</sup> sector environment (Charities, Social Enterprise, Non-Profits and the Voluntary Sector)

Oluwasola is part of the leadership team on the TEDx Project here at ULaw. He is completing an LPC MSc Degree, and over the past 3 years, he has worked within Community Advocacy and got promoted last year to a coordinator role within his organisation.

He has realised all of the above have a few things in common, and this session will be drawing parallels to highlight the skills needed to succeed and get ahead in this area of work: the 3<sup>rd</sup> / Voluntary sector.

He currently works for the *Caribbean and African Health Network (CAHN)*, within the voluntary / 3<sup>rd</sup> sector.

FREE

1  
hour

TBC





## Legal Careers in the United States

**Jasmine Sakpoba, MA Law (Conversion) Student, University of Law**

Have you ever considered a legal career in the United States? Does the idea of attending a US law school appeal to you — but you have no idea where to start (or whether it's even possible)?

Join this SDP session for a clear, practical breakdown of the US legal route, designed for ULaw students who are curious about studying or practising in the US, whether you're already considering it, or you're simply curious as to what that could look like.

What will be covered

- Why the US? What makes the US route attractive (and what to think about before committing)
- Why a JD (Juris Doctor) or LLM (Master of Laws)? Who it suits, what it can help you do, and how it fits into a wider career plan
- A step-by-step guide to applying, including:
- How to research and shortlist law schools and programmes (without feeling overwhelmed)
- What you need for the application process
- The “infamous” personal statement: unravelling common misconceptions and how to approach it
- Funding and financial support
- Q&A for any specific questions

Jasmine is currently on the MA Law (Conversion) at ULaw, coming from a non-law background. This year, she applied to a range of US LLM programmes, including T-14 schools, and secured multiple offers without an academic advisor guiding the process. She learned everything through research, trial and error, and direct experience, and this session is about making the route feel less confusing, less “taboo”, and much more doable for anyone who's ever wondered if it's possible or right for them.

**FREE**

**1.5  
hours**

**Tuesday 10<sup>th</sup> February, 5pm-6:30pm  
OR**

**Thursday 12<sup>th</sup> February, 5pm-6:30pm**



## Minute Taking for Professional Meetings

Gary Knight, Student Voice Coordinator,  
The University of Law Students' Union

Taking minutes for meetings is a skill that many of us will need throughout our working lives, but also one that we aren't often given training on. Although specific practices and formats will vary from business to business, this workshop will give you the skills you need to take professional minutes in meetings. The following topics will be covered:

- Tone and style
- Chatham House rules
- Standard formats
- How much detail is 'too much detail'?

FREE

1  
hour

Thursday 19<sup>th</sup> May, 12pm-1pm



## UK Politics and Civic Engagement

**Laura Trussell-Harris, Academic Representation Coordinator & Gary Knight, Student Voice Coordinator, The University of Law Students' Union**

When you go to vote, do you feel confused about what you are actually voting for? Or do you avoid voting because you feel that your vote won't make a difference?

This session will cover the basics of the UK political system, including the differences between Parliament and Government, the role of the Prime Minister, and the voting system used to elect representatives to the House of Commons.

How to vote, and the importance of using your democratic voice, will also be covered.

Laura has previously taught A level Government and Politics in secondary schools and has written dissertations on voting and political communication. Gary has UG and PG degrees in History and Politics and has written dissertations on US and UK Politics.

**FREE**

**1  
hour**

**Wednesday 2<sup>nd</sup> April, 4pm-5pm**



## Negotiation Skills Course

**Philip Brown, Founder of The Negotiation Club**

**Session 1** – Focusing on introducing the “learning model” and practical practice with single variable Negotiation Cards.

**Session 2** - We introduce a “Practice with Purpose” approach and focus on how to introduce negotiation tactics into negotiation practice.

**Session 3** - This session focusses on negotiation "Observation & Feedback". Almost all negotiators lack the ability to truly observe how a negotiation progresses and in this session we provide a structure to support this and, of course, plenty of practice.

**Session 4** - Negotiations are rarely just about ‘price’. Up until this point you will find there has been a lot of creativity in the previous sessions but when we introduce multi-variable negotiation cards this takes it up a significant notch. We introduce methods for managing multi-variables and, of course, have plenty of practice.

£15

4 x  
1.5  
hours

**Various dates, use the link below to  
find out more**

There are only 20 students per course, all spaces must be filled. Registration is on first-come first-served. Please book quickly as spaces on these courses get filled extremely quickly.

Courses Available during February, March, April and May.

Booking link: <https://www.thenegotiationclubs.com/student-society>



You must be able to attend all four sessions in the course to take part. Participants will receive a CPD accredited certificate at the end of the course.



## Personal Branding & LinkedIn Masterclass

**Priya Varaitch, Teaching Assistant, The University of Law. In collaboration with Shayla Thomas, Junior Marketing Consultant, Tudor Marketing**

Join Priya and Shayla for a session on how to make LinkedIn work for you & build a profile that stands out.

LinkedIn can feel crowded, and a lot of profiles end up sounding similar—especially with AI tools making it easy to create generic content. So how do you make sure your profile and posts reflect your personality and help you connect meaningfully?

In this session, we'll explore practical ways to:

- Showcase your experience & strengths in an authentic way.
- Bring creativity and originality into your LinkedIn presence.
- Engage your audience so you stand out for the right reasons.

Priya will be joined by Shayla Thomas a marketing consultant, who will share how creativity shapes her career and how she uses LinkedIn to build connections and opportunities. If you're curious about marketing as a career path or want to learn more about creative roles, this is a great chance to connect with her and ask questions. She's happy to share insights and advice!

FREE

1  
hour

TBC



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## Postgraduate Study Opportunities at ULaw – Information Sessions

If you are interested in continuing your studies at the University of Law, come along to an information session and find out more about what's on offer to you!

### Discover Business

Are you studying on a degree unrelated to business, but you might be interested in moving into a Business field in your future career? Come and discover how our Business Master's degrees can lead you into excellent areas of work, learn about our Business School Advisory Board and how our Employability department can support your ambitions into many different areas.

Thursday 5<sup>th</sup> February, 5pm–6pm

### The SQE: Becoming a Solicitor

Have you heard about the new route to qualifying as a Solicitor, but you aren't sure about how it works? Join us for this session to learn more about the next stage in your journey to becoming a solicitor by studying for the SQE here at ULaw. Designed for students currently on their LLB, this talk will give you a chance to find out more about this new regime, its examinations, and how ULaw can set you up for success.

Thursday 12<sup>th</sup> February, 5pm–6pm

### Explore Corporate Governance

Our LLM in Corporate Governance is one of our most popular postgraduate Master's degrees and with its route in to becoming a Company Secretary or a Chartered Governance Professional, this is a perfect route on from your undergraduate degree. Find out more about the key principles and issues within the field of corporate governance that can lead you in to these exciting fields, amongst more.

Wednesday 25<sup>th</sup> February, 5pm–6pm

More on the next page...



## Postgraduate Study Opportunities at Ulaw – Information Sessions Continued

### Exploring Computer Science: Discovering Careers Pathways in Tech

Are you interested in entering the computing or IT sector? Are you studying a degree unrelated to computer science but want to explore a career in this growing area? Conversion courses enable you to pursue a new subject and create new career progression opportunities in the UK and internationally.

**Tuesday 17<sup>th</sup> March, 5pm-6pm**

### Exploring Psychology: Discovering Career Pathways

Are you interested in converting to Psychology? Did you study a degree unrelated to Psychology but want to explore a career in this sector?

Conversion courses enable you to pursue a new subject and create new progression opportunities. The session will give an overview of the reasons to study psychology at a postgraduate level, psychology career options, psychology skills and trends in the sector. There will be an opportunity to ask any questions you have in the Q&A session.

**Thursday 26<sup>th</sup> March, 5pm-6pm**





# The Employability Service

The University of Law Employability Service has a wide range of opportunities for you to develop skills and enhance your employability.

All of the services are accessed through the [Employability Portal](#); provision is flexible to accommodate student needs and offers both in person and online opportunities.

Local experts with knowledge and relationships in their community can help you with career planning, reviewing applications, CVs and cover letters, navigating aptitude tests, preparing for interviews and assessment centres. There are also a range of pro bono schemes available supporting those unable to pay for social justice, which provide invaluable exposure to the workplace and develop skills.

The [Portal](#) is also the place for you to book to attend employer events, including Careers Fairs, and employability workshops; to find out about our mentoring scheme; to access useful resources; and to browse a range of job vacancies.



## Navigating the Journey to Success

### Aaron Speak, 3<sup>rd</sup> Year LLB Student

Continuing from the success of last semester's Transformational Coaching courses, 3<sup>rd</sup> year LLB student Aaron Speak is hosting a variety of webinars to support your future growth beyond university. Trained in Life Coaching, Neurolinguistic Programming, and Human Design, Aaron has made a large impact in various spaces including with vast, award-winning leadership experience across the university.

*"Aaron was very engaging and accommodating. Sessions were very well prepared, with lots of practical examples to help us understand knowledge that many need to know!"*

*"Aaron is a good teacher. He explains things very clearly, is very confident, and very engaging. The sessions were outstanding, different from any others."*

Each of the webinars are standalone, and students are encouraged to sign up to as few or as many as they would like.

#### **Communication Blitz: Speak Well, Work Well.**

**(Tues 24<sup>th</sup> Feb, 17:00-18:00)**

In this webinar, Aaron discusses his core foundations for communication. No matter your career, being able to advocate for yourself and/or others is a vital skill! This session complements the Student Advocacy Skills: Building a Strong Advocacy Portfolio, and Embracing Your Truth: Finding Authentic Achievement. Attendees of this session will each be eligible to receive a Certificate of Attendance.

#### **Networking Made Easy: Break Class Ceilings.**

**(Fri 27<sup>th</sup> Feb, 19:30-20:30)**

Knowing how to network is one of the most asked questions in student populations, especially by those from backgrounds underrepresented in fields like law, business, etc. It can be hard to know what to say, how to act, and what to do after that first conversation! This session guides attendees through practical networking, looking from the initial introduction to building rapport and closing with impact. All participants of this session will be eligible to receive a Networking Made Easy Certificate accredited by The Manchester Advocacy Association.

Continued on the next page...



### **Legal Eagles: Court Confident Training.**

**(Tues 17<sup>th</sup> March, 19:30-20:30)**

Have you visited your local courts and/or tribunal? Whether you have or haven't, the mental barriers may be a very relatable feeling for you. The Imposter Syndrome, the Anxiety, the constant yet irrational fear that you're doing something wrong by entering the building! The Legal Eagles scheme seeks to create Court Confident Campuses, training students in how to make the most of the court/tribunal experience in order to support their peers to do the same. All participants of this session will be eligible to receive a Court Confident Coach Certificate, and be invited to formally join the Legal Eagles programme spearheaded by The Advocacy Association UK.

### **The Darker Side of Social Mobility: A Complex Journey.**

**(Fri 20<sup>th</sup> March, 17:00-18:00)**

Social mobility refers to the movement of people between different social and economic backgrounds. It's often seen to be a Golden Ticket, the one way to a better life. Bigger house, more money, plenty of connections... what's not to love? In this webinar, Aaron breaks down the hidden realities of Social Mobility, what we get so wrong, and what the future could look like depending on our decisions now.

### **Self-Sabotage Solved Simply: Rewrite Sabotage into Success.**

**(Tues 24<sup>th</sup> March, 17:00-18:00)**

Often, our biggest enemy on the journey to success is ourselves. We work until we hit burnout, we hold on to limiting beliefs, and we sometimes ignore what we want because we listen to others telling us what we need. In this session, attendees will explore how to proactively avoid burnout altogether, how to isolate patterns of sabotage, and how to rewrite your destructive behaviours into long-term success. Attendees of this session will each be eligible to receive a Certificate of Attendance.

### **Rethinking Success: Define your Path.**

**(Fri 27<sup>th</sup> March, 17:00-18:00)**

Based on the well-received Finding Success Foundations Course last semester, this session is a fast-track through defining "Success" and how to find it in your life. If you're feeling stuck, unsure, or simply want to find your next level, this session can provide the tools. Awareness precedes change!

**Continued on the next page...**



### **Transforming Feedback: Mastering the Art of Reflection.**

**(Tues 17<sup>th</sup> Feb, 19:30-20:30)**

So many students wonder what they're meant to do with feedback. Whether it be from our parents, lecturers, friends, or even total strangers, feedback is an inevitable part of life! In this session, we look at how to take full advantage, and how to identify what's really "bad feedback." Reflection will be sure to make you shine in the long-term!

### **Reframing Failure: Seizing Opportunities.**

**(Tues 10<sup>th</sup> Feb, 17:00-18:00)**

Those that succeed the most are masters in the art of failure. If you've been holding yourself back, this session may just be a key to unlock those doors you've been closing on yourself! Start thinking differently about failure and be challenged to seize opportunities, regardless of how successful you may/may not be.

### **Embracing Your Truth: Finding Authentic Achievement.**

**(Fri 13<sup>th</sup> Feb, 17:00-18:00)**

How often have you questioned whether the life you live TRULY belongs to you? The truth is that our life is not our life, but a product of our focus. In this session, attendees will be challenged to discover what their truth really is, how they can live it, and what the impact of authentic achievement would mean for them. Attendees of this session will each be eligible to receive a Certificate of Attendance.

### **Student Advocacy Skills: Building a Strong Advocacy Portfolio.**

**(Fri 20<sup>th</sup> Feb 19:30-20:30)**

You might have all the skills of a good communicator, but have you any idea how to put them into practice? This session looks at keeping your advocacy structured, tips/tricks to elevate your persuasion, and how to build a well-rounded "portfolio." Legal experience, and non-legal, how do you take full advantage of a combination? This session complements the Communication Blitz: Speak Well, Work Well, and Embracing Your Truth: Finding Authentic Achievement. All attendees of this session will be eligible to receive a Student Advocacy Skills Certificate accredited by The Advocacy Association UK.



## EDI Presents...

### Equality, Diversity and Inclusion Team, University of Law

EDI Presents is a series of events led by the Equality Diversity and Inclusion (EDI) team in collaboration with staff and students from across the university. Held in recognition of a specific observance, each of them provide a variety of learning experiences, showcase the support available, and celebrate the brilliant diversity of our student and staff population. Each contribution is between 1 and 5 minutes in length, and draw on the expertise from within The University of Law community. All events are open to all staff and students and are hosted via Teams.

All resources shared via these sessions will be made available in the EDI Newsletter Teams channel, which will also host the EDI newsletter. This newsletter collate listings of EDI activities and opportunities, both internal and external, into a monthly digest. [Click here](#) to join the newsletter channel.

The content for the events listed below has already been confirmed, but if you are interested in providing content for future events on different observances, please email [EDI@law.ac.uk](mailto:EDI@law.ac.uk).

#### EDI Presents: LGBTQ+ History Month Monday 9<sup>th</sup> February, 5pm-6pm

All events are open to all staff and students. Attendees will not be required to appear on camera or contribute during the event.

This event will include presentations on:

A timeline of LGBTQ+ in the law

The equal age of consent

The history of Bi+ and trans+ identities

How to add or amend your pronouns on Outlook and Teams

Support services and further learning resources

[Book here to register](#)

Continued on the next page...



## **EDI Presents: Ramadan** **Thursday 12<sup>th</sup> February, 5pm-6pm**

All events are open to all staff and students. Attendees will not be required to appear on camera or contribute during the event.

This event will include presentations on:  
An overview of Ramadan, why and how it's observed  
Student 'days in the life' during Ramadan  
How to book alternative sessions when there's a clash in your timetable  
Ablution and prayer facilities  
Support services and further learning resources

[Book here to register](#)

## **EDI Presents: University Mental Health Awareness Day** **Monday 9<sup>th</sup> March, 5pm-6pm**

All events are open to all staff and students. Attendees will not be required to appear on camera or contribute during the event.

This event will include presentations on:  
Accent, Identity, and Mental Health  
Managing procrastination  
Looking after your mental health as a neurodivergent student  
Adding a 'name badge' to your signature on Outlook  
Support services and further learning resources

[Book here to register](#)





## Train to be an Accredited Civil & Commercial Mediator

Emma McAndry, Founder and Director of Essential Mediation Solutions



CMC Organisation  
Member 2024



### Course Credentials

The Course is accredited by the Civil Mediation Council (“CMC”) and the International Mediation Institute (“IMI”), so a worthwhile qualification for domestic and international students.

The lead trainer is a practicing mediator who gained Fellowship of the CMC in recognition of her ‘extensive mediation experience’. She is award-winning, nationally and internationally, including Mediation Trainer of the Year from the National Mediation Awards presented at the House of Commons. Her previous law students have won awards at national and international competitions, including first place two years in a row at the INADR international competition.

£600

The cost of this course to you as a student is £600. This course is usually £1800 per person, but we have negotiated a deal with Essential Mediation Solutions to cut this price by 67%

5 days

This 5-day course is delivered online, with a mix of asynchronous self-study videos and live interactive delivery with emphasis on practice and role plays. Teaching is mostly front-loaded, reducing daily, to allow practice of role plays to increase confidence.

**There is a requirement of 100% attendance of the live sessions to pass the course.**

Since March 2022, over 200 ULaw students have completed the course and achieved their IMI and CMC qualifications with outstanding feedback.



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### More Information on Content:

The process and principles of mediation  
Mediation theory and ethics  
The mediator's role and techniques  
How to prepare for a mediation  
Managing the mediation process  
How to guide parties to agreement  
The use of negotiation within mediation  
Communication skills

### Assessment for Accreditation:

CMC: 2 x 1 hour role plays (recorded online)

IMI: 1 hour role play (recorded online) and submission of a 2500-word portfolio.

Full guidance will be given, plus a 'mock' assessment to prepare for the assessment.

### Why do this course?

Additional qualification to add to your cv

Enhanced employability

To gain important transferable skills

To start your own mediation practice

Be able to help to set up and join a mediation clinic.

Many barristers practice mediation alongside their Chambers work.

Many solicitors have mediation departments to work alongside their practice.

Equip yourself to succeed in national and international competitions.

It's fun! See our testimonials! - [www.essentialmediationsolutions.co.uk](http://www.essentialmediationsolutions.co.uk)



Winner of a  
National Mediation  
Award 2020



Emma McAndry  
Essential Mediation Solutions  
Mediation Expert of the Year  
in the United Kingdom



Emma McAndry  
Essential Mediation Solutions  
Best Mediation Trainer of the  
Year in the United Kingdom







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### Times Available:

Places on these courses are limited to 12 per course and are first-come first-served. Small amounts of individual preparation work are required before each live session.

**January 5 Day Course:** Monday 26<sup>th</sup> January to Friday 30<sup>th</sup> January, 9am to 6pm daily

**March weekends:** Sunday 1<sup>st</sup> March, Saturday 7<sup>th</sup> March, Sunday 8<sup>th</sup> March, Saturday 14<sup>th</sup> March, Sunday 15<sup>th</sup> March, each session is 9am to 6pm

Registration for these courses is not available via the same form as the rest of the courses in this booklet. Instead, please email [admin@emsolutions.uk](mailto:admin@emsolutions.uk) for an application form.

On returning the booking form, a non-refundable deposit of £100 is then required to secure your place and the balance of £500 for the course fee is due 3 weeks before the course start date. The deposit of £100 is non-refundable unless EMS cancels the course for any reason.



Winner of a  
National Mediation  
Award 2020



Emma McAndry  
Essential Mediation Solutions  
Mediation Expert of the Year  
in the United Kingdom



Emma McAndry  
Essential Mediation Solutions  
Best Mediation Trainer of the  
Year in the United Kingdom



## **\*\*FREE MONTH'S ACCESS\*\* Simplifying the SQE – Streamlining Your Revision**

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Transform your SQE revision experience with Law Student Academy's interactive, exam-true, lawyer-led study platform

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\*\*\* And you can get an exclusive free month \*\*\*

Simply use the code ULAWLSA26 at [www.LawStudent.Academy](http://www.LawStudent.Academy) no later than midnight on 20 February 2026

(cancel before the end of month 1 to avoid a paid subscription, new customers only)



The graphic features the Law Student Academy logo at the top, which consists of a stylized building icon and the text 'Law Student ACADEMY'. Below the logo, there are three devices displaying the platform's content: a laptop on the left showing a lesson titled 'The existence and formation of a contract', a smartphone in the center showing a list of topics, and a desktop monitor on the right displaying a complex flowchart. At the bottom of the graphic, the text 'SIMPLIFYING THE SQE STREAMLINING YOUR REVISION' is written in a bold, sans-serif font.

# SIGNING UP

Use the form below to sign up for most of our sessions:

<https://forms.office.com/e/7wSeX2chv1>



Sessions with another sign-up method will be clearly marked on the relevant page.

To read any of the information in this booklet online – visit our SDP Website Page using the QR Code or link below.



<https://studentsunion.law.ac.uk/sdp>

If you have any issues signing up, please email [studentsunion@law.ac.uk](mailto:studentsunion@law.ac.uk)